

Claims:

Claims 1-13 cancelled.

14. (New) A fatigue relieving/preventing apparatus associated with a steering wheel for controlling a vehicle, comprising:

a first section that connects to a portion of the steering wheel; and

a rigid, semi-rigid or flexible, or non-deformable second section that connects to, and extends outward at an angle from, a plane across a front face of the steering wheel, the second section for supporting at least a portion of a vehicular operator's body when pressure from the portion of the vehicular operator's body on the second section is less than the pressure for deforming the second section out of interference with the vehicular operator's ability to operate the steering wheel, and deforming out of interference with the vehicular operator's ability to operate the steering wheel when pressure from the portion of the vehicular operator's body on the second section is equal to or greater than the pressure for deforming the second section out of interference with the vehicular operator's ability to operate the steering wheel.

15. (New) The apparatus as recited in claim 14, wherein the steering wheel includes a steering wheel for controlling at least a nautical vessel, aircraft, or ground transportation vehicle.

16. (New) The apparatus as recited in claim 14, wherein the portion of the body supported by the second section includes at least a forearm, wrist, or hand.

17. (New) The apparatus as recited in claim 14, wherein the first section extends a length of a predetermined portion of the steering wheel.

18. (New) The apparatus as recited in claim 14, wherein the second section includes at least two second sections that each connect to the first section.

19. (New) The apparatus as recited in claim 17 or 18, wherein the first section is deformable.

20. (New) A fatigue relieving/preventing apparatus associated with a steering wheel for controlling a vehicle, comprising:

at least two discrete first sections that each connect to a portion of the steering wheel, and

a discrete rigid, semi-rigid or flexible, or non-deformable second section that connects to, and extends outward at an angle from, a plane across a front face of the steering wheel, each second section for supporting at least a portion of a vehicular operator's body when pressure from the portion of the vehicular operator's body on the second section is less than the pressure for deforming the second section out of interference with the vehicular operator's ability to operate the steering wheel, and deforming out of interference with the vehicular operator's ability to operator the steering wheel when pressure form the portion of the vehicular operator's body on the second section is equal to or greater than the pressure for deforming the second section out of interference with the vehicular operator's ability to operate the steering wheel..

21. (New) The apparatus as recited in claim 20, wherein the steering wheel includes a steering wheel for controlling at least a nautical vessel, aircraft or ground transportation vehicle.

22. (New) The apparatus as recited in claim 20, wherein the portion of the body supported by the second section includes at least a forearm, wrist, or hand.

23. (New) The apparatus as recited in claim 20, wherein the apparatus is adjustable for supporting different sizes or types of body portions.

24. (New) The apparatus as recited in claim 14 or 20, wherein each first section is formed integral with the steering wheel.

25. (New) The apparatus as recited in claim 14 or 20, wherein each first section is detachable from the steering wheel.

26. (New) The apparatus as recited in claim 20, wherein each first section is deformable.

27. (New) The apparatus as recited in claim 14, wherein the first section is flexible, rigid, or semi-rigid, or non-deformable.

28. (New) The apparatus as recited in claim 20, wherein the first section is flexible, rigid, or semi-rigid, or non-deformable.